



Farmington Valley Asperger's Network

Presents

Managing Selective Eaters

Tuesday, November 29, 7pm

Farmington Community Center

321 New Britain Ave., Unionville

Children can experience difficulties with feeding and eating for a number of reasons. Some of those reasons include: trauma or unpleasant experiences (i.e. reflux, intubations, choking), sensory sensitivities surrounding taste, texture, smell, difficulties with transitions, difficulties with motor coordination, and/or a decreased ability to recognize hunger and satiation signals. Potential underlying causes will be briefly discussed in order for participants to understand how they impact eating and feeding performance. Participants will also be given ideas on how to identify potential underlying causes and manage their child's selective eating. Both behavioral and sensory based intervention approaches to managing selective eaters will be shared to increase your child's food repertoire while increasing independence with feeding. Families will leave this presentation with enough information to further facilitate healthy and successful eating habits.

Presenters:

Marcela O. Nunez, M.A., BCBA. Marcela is a Board Certified Behavior Analyst who has been working with autism and special needs children for over 12 years. She holds a bachelors degree from University of Hartford and masters from Columbia University. Marcela has provided extensive consultations, developed and overseen programs in various school districts, Birth to Three programs, private practices and home programs in Connecticut. Her own son's diagnosis of autism was the catalyst for her to combine her years of education, knowledge and understanding of autism into the Innovative Autism Network.

Melissa (Missy) R. Olson, M.S., SpEd/AT, OTR/L has 12 years of pediatric occupational therapy experience in both educational and clinical settings. In addition to her practice in the field, she serves as an adjunct professor at Quinnipiac University and Goodwin College. Missy has also presented at both state and national conferences related to her knowledge in occupational therapy and assistive technology. She was a member of the CT State Department of Education Feeding Task Force, a group that developed guidelines in the areas of feeding and swallowing in the CT birth to three and public education setting.

There is no charge for this workshop, but please RSVP so we can plan accordingly with refreshments and handouts. Please call 860-589-0097 or email lee@gomcf.com